



British Championship Longtrack 2017

De Uithof - Den Haag
25 en 26 maart 2017



Klassement Brit Ladies

	Naam	Cat	5000	Punten
1	17 Gemma Cooper	DSA	8:13.31 (1)	49.331
2	16 Clare Upton	D50	10:13.34 (2)	61.334
3	20 Shannon Gray-Buffey	DSB	10:41.51 (3)	64.151
4	19 Pippa Allen	D50	10:46.90 (4)	64.690

FoH



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Klassement Brit Men

	Naam	Cat	5000	Punten
1	58 Robert Mitchell	H45	7:59.44 (1)	47.944
2	29 Peter Carr	H45	8:39.90 (2)	51.990
3	57 Michael McInerney	H45	8:49.14 (3)	52.914
4	33 Thomas Fell	HSA	9:37.98 (4)	57.798
5	25 David Smith	H45	9:46.67 (5)	58.667
6	31 Richard Badcock	H70	10:19.15 (6)	61.915

End



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Klassement Non-Brit Men

	Naam	Cat	5000	Punten
1	47 Emil Nielsen	HSA	8:19.76 (1)	49.976
2	46 Daniel Yeow	HSB	8:33.54 (2)	51.354

Full

3. Rituitslag 5000 meter

		Naam			Cat	PR	Tijd	Info
47	wt	20 Shannon Gray-Buffey			DSB		10:41.51	
	rd	19 Pippa Allen			D50		10:46.90	
		Shannon Gray-Buffey			Pippa Allen			
		200m	26.85	(26.8)	200m	30.06	(30.0)	
		600m	1:20.38	(53.5)	600m	1:20.35	(50.3)	
		1000m	2:07.19	(46.8)	1000m	2:11.12	(50.8)	
		1400m	2:56.41	(49.3)	1400m	3:03.07	(51.9)	
		1800m	3:49.87	(53.4)	1800m	3:55.54	(52.5)	
		2200m	4:41.16	(51.3)	2200m	4:47.23	(51.7)	
		2600m	5:33.07	(51.9)	2600m	5:38.86	(51.6)	
		3000m	6:26.25	(53.2)	3000m	6:29.77	(50.9)	
		3400m	7:16.08	(49.8)	3400m	7:21.97	(52.2)	
		3800m	8:08.82	(52.8)	3800m	8:13.69	(51.7)	
		4200m	9:00.73	(51.9)	4200m	9:05.00	(51.4)	
		4600m	9:51.50	(50.8)	4600m	9:56.55	(51.5)	
		5000m	10:41.51	(50.0)	5000m	10:46.90	(50.4)	

		Naam			Cat	PR	Tijd	Info
48	gl	17 Gemma Cooper			DSA		8:13.31	
	bl	16 Clare Upton			D50		10:13.34	
		Gemma Cooper			Clare Upton			
		200m	22.52	(22.5)	200m	27.02	(27.0)	
		600m	1:00.20	(37.7)	600m	1:12.00	(45.0)	
		1000m	1:38.14	(37.9)	1000m	1:59.23	(47.2)	
		1400m	2:17.43	(39.3)	1400m	2:47.69	(48.4)	
		1800m	2:57.13	(39.7)	1800m	3:36.38	(48.7)	
		2200m	3:36.58	(39.4)	2200m	4:25.54	(49.2)	
		2600m	4:14.98	(38.4)	2600m	5:14.13	(48.6)	
		3000m	4:54.76	(39.8)	3000m	6:03.28	(49.1)	
		3400m	5:34.83	(40.1)	3400m	6:53.26	(50.0)	
		3800m	6:14.78	(39.9)	3800m	7:44.34	(51.1)	
		4200m	6:55.08	(40.3)	4200m	8:35.53	(51.2)	
		4600m	7:34.49	(39.4)	4600m	9:26.15	(50.6)	
		5000m	8:13.31	(38.9)	5000m	10:13.34	(47.2)	



		Naam	Cat		PR	Tijd Info
49	wt	31 Richard Badcock	H70			10:19.15
	rd	33 Thomas Fell	HSA			9:37.98
		Richard Badcock			Thomas Fell	
		200m	31.05	(31.0)	200m	26.82 (26.8)
		600m	1:19.69	(48.6)	600m	1:07.98 (41.1)
		1000m	2:08.51	(48.9)	1000m	1:50.73 (42.8)
		1400m	2:57.22	(48.7)	1400m	2:34.25 (43.5)
		1800m	3:46.52	(49.3)	1800m	3:18.44 (44.2)
		2200m	4:36.29	(49.7)	2200m	4:04.32 (45.9)
		2600m	5:26.28	(50.0)	2600m	4:51.63 (47.3)
		3000m	6:16.12	(49.9)	3000m	5:39.10 (47.5)
		3400m	7:05.90	(49.8)	3400m	6:27.13 (48.0)
		3800m	7:55.26	(49.3)	3800m	7:16.17 (49.0)
		4200m	8:43.29	(48.0)	4200m	8:04.80 (48.7)
		4600m	9:31.35	(48.1)	4600m	8:52.54 (47.7)
		5000m	10:19.15	(47.8)	5000m	9:37.98 (45.4)

		Naam	Cat		PR	Tijd Info
50	gl	57 Michael McInerney	H45			8:49.14
	bl	25 David Smith	H45			9:46.67
		Michael McInerney			David Smith	
		200m	25.43	(25.4)	200m	26.26 (26.2)
		600m	1:06.27	(40.8)	600m	1:09.12 (42.9)
		1000m	1:47.44	(41.2)	1000m	1:52.57 (43.4)
		1400m	2:28.28	(40.8)	1400m	2:36.47 (43.9)
		1800m	3:10.06	(41.8)	1800m	3:21.70 (45.3)
		2200m	3:51.87	(41.8)	2200m	4:08.57 (46.8)
		2600m	4:34.22	(42.4)	2600m	4:55.78 (47.2)
		3000m	5:16.68	(42.4)	3000m	5:43.34 (47.6)
		3400m	5:59.29	(42.6)	3400m	6:30.69 (47.3)
		3800m	6:42.12	(42.9)	3800m	7:21.01 (50.4)
		4200m	7:24.95	(42.8)	4200m	8:10.96 (49.9)
		4600m	8:07.29	(42.3)	4600m	8:59.33 (48.4)
		5000m	8:49.14	(41.9)	5000m	9:46.67 (47.3)



		Naam			Cat	PR	Tijd	Info
51	wt	29	Peter Carr		H45		8:39.90	
	rd	58	Robert Mitchell		H45		7:59.44	
		Peter Carr			Robert Mitchell			
		200m	22.43	(22.4)	200m	21.04	(21.0)	
		600m	59.03	(36.6)	600m	55.78	(34.7)	
		1000m	1:39.39	(40.3)	1000m	1:32.55	(36.8)	
		1400m	2:20.07	(40.7)	1400m	2:10.49	(37.9)	
		1800m	3:00.56	(40.5)	1800m	2:48.17	(37.7)	
		2200m	3:41.56	(41.0)	2200m	3:26.76	(38.6)	
		2600m	4:24.52	(43.0)	2600m	4:05.23	(38.5)	
		3000m	5:06.99	(42.4)	3000m	4:44.08	(38.8)	
		3400m	5:50.18	(43.2)	3400m	5:23.05	(39.0)	
		3800m	6:33.54	(43.4)	3800m	6:02.21	(39.2)	
		4200m	7:17.56	(44.0)	4200m	6:41.03	(38.8)	
		4600m	7:59.55	(42.0)	4600m	7:20.51	(39.5)	
		5000m	8:39.90	(40.4)	5000m	7:59.44	(38.9)	

		Naam			Cat	PR	Tijd	Info
52	gl	46	Daniel Yeow		HSB		8:33.54	
	bl	47	Emil Nielsen		HSA		8:19.76	
		Daniel Yeow			Emil Nielsen			
		200m	22.02	(22.0)	200m	22.91	(22.9)	
		600m	58.64	(36.6)	600m	1:00.92	(38.0)	
		1000m	1:36.66	(38.0)	1000m	1:38.10	(37.2)	
		1400m	2:16.12	(39.5)	1400m	2:16.10	(38.0)	
		1800m	2:54.98	(38.8)	1800m	2:54.36	(38.2)	
		2200m	3:33.69	(38.7)	2200m	3:33.56	(39.2)	
		2600m	4:13.58	(39.9)	2600m	4:14.20	(40.7)	
		3000m	4:55.26	(41.7)	3000m	4:54.60	(40.4)	
		3400m	5:38.78	(43.5)	3400m	5:35.94	(41.3)	
		3800m	6:21.76	(43.0)	3800m	6:18.07	(42.1)	
		4200m	7:06.51	(44.8)	4200m	6:59.70	(41.7)	
		4600m	7:50.46	(43.9)	4600m	7:42.11	(42.4)	
		5000m	8:33.54	(43.1)	5000m	8:19.76	(37.6)	

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